

EST



1975

HIGH PASTURES

NURSING HOME





Our History

High Pastures was originally built as a mansion in 1922. It was converted into a nursing home in the 1970's. Today, the home itself has been maintained to exceedingly high standards and still retains the grandeur of the original country house. The home stands in an acre of mature, well kept gardens. Built upon the highest point in Deganwy, it commands magnificent views across the Conwy Estuary, Conwy Castle and the Snowdonia Mountain range as far as Betws-Y-Coed. The warm, inviting atmosphere of the Home makes you feel at ease instantly. We want you to feel right at home. Here at High Pastures, you will have a spacious, fully furnished bedroom, and a 24/7 specialist team to support your care needs



Caring For You

High Pastures is registered with Care Inspectorate Wales as a general nursing home, providing permanent nursing care. We are a family-run business; The directors include Dr Zahid Chohan, a local GP with over 30 years' experience within health care, and Sarah Zahid whom holds extensive qualifications in the field of medicine and public health.

We believe that keeping active both mentally and physically is essential to promote wellbeing. Meaningful activities are offered to residents as a means of continuous emphasis on quality of life, providing a sense of purpose for residents and enhancing our ethos of person-centred care. Some examples include music, gentle exercise, quizzes and arts & crafts.

Nursing Care

We pride ourselves in delivering a very high standard of nursing care and have been building our reputation for over 40 years. We provide a 24-hour nursing care service. Our NMC registered nurses are fully trained to deliver a specialist level of support for the residents within their care. This regular and extensive training programme promotes the health and wellbeing of our residents with more complex health requirements, ensuring continual engagement as part of our clinical team.



24 Hour Nursing Care Service

Services Include

- Fully serviced lift
- Fully serviced hoist and lifting equipment
- Wheelchair access
- Wi-Fi
- On-site Parking
- Video calling available
- Access to GP and dentist
- Access to hairdressing
- Access to physiotherapy and chiropodist
- Visitors rooms (COVID secure)
- Close to public transport links



About Your Stay

We are split upon two floors and cater for up to 44 residents, providing 43 single rooms and one double room (32 with en-suite facilities). A fully serviced passenger lift is available for wheelchair access. All rooms are connected to a Nurse Call System. Residents are encouraged to bring their personal possessions with them to facilitate a homely environment. The Home is centrally heated and is fully protected by a comprehensive fire detection system. All bathrooms are equipped with specialist lifting equipment for safe, assisted bathing.

We have an in-house hairdresser and weekly chiropodist visits. Residents have the opportunity to order their favourite newspapers to the Home upon request

The Dining Experience

Fresh home cooking is offered to residents at High Pastures and special dietary needs and personal preferences are catered for.

High Pastures and our catering department have been awarded a 5- star rating for good quality food and hygiene by the department of environmental health. This achievement in food preparation and nutrition is paramount in our residents' care and well-being. Our chefs prepare three freshly cooked meals a day, using local produce where possible. Menus are varied and are cooked to suit individual allergies, likes and dislikes.

We also cater for all textured diets and food.



Our Team



The Home staff are carefully selected for their reliability, integrity, skill, compassion and professionalism. They are appropriately qualified to deliver the highest standards of care.

A continuous staff training programme is implemented to ensure that these high standards are maintained in line with the latest developments in Care Practices. RGNs are NMC registered and 80% of health care staff hold an NVQ level 2 or above in health and social care. All new staff are encouraged to train towards this qualification.

We prioritise individuality amongst our residents with staff that always go the extra mile to give attention to small detail.

Welsh speaking staff are encouraged to communicate with residents in Welsh when appropriate as we endeavour to create a homely environment.





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If you or a member of your family would like to stay at High Pastures or have any further queries, please get in touch. We will provide information required need to take the first steps.

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